

Archeotrekking Track:

Valle del Porco - Gorgo S. Rosalia - Scala Vecchia.

The Archeotreks are organized for small groups from 1 to up to and not more than 15 people.

Tailor Made Archeotreks

We offer the opportunity to make your own personal Archeotreks, Tailor Made to satisfy your needs.

Trekking equipment and clothing is strongly recommended. The Archeotreks are subject to changes and cancellations due to weather and/or security conditions.

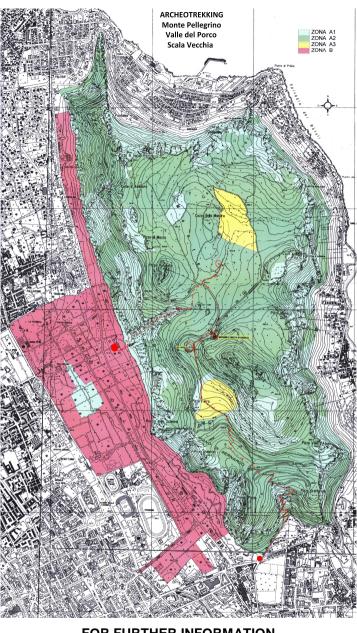
Personal travel insurance is necessary.

We deliberately decided to spell "Archeotrekking" with no "a" after the "h" as in Italian.



Este servicio está disponibile también en Español.

Authorized by the Managing Authority R.N.O. MONTE PELLEGRINO



FOR FURTHER INFORMATION AND TO BOOK YOUR ARCHEOTREKS

e-mail:infogenesisciminna@libero.it

Or Call Andrea Masi: 339 4409377

www.genesisonline.it
Facebook: Associazione Culturale "Genesis Ciminna"

ARCHEOTREKKING SICILY

by

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Mount Pellegrino

THE SACRED MOUNTAIN





















WHO WE ARE

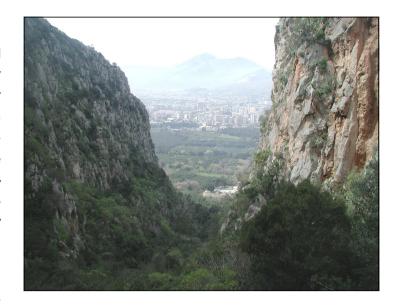
Genesis is a non profit cultural association founded to promote, valorise and protect our Heritage. Sicily is rich in "Heritage Resources", but unlike many other resources these are not renewable and can not be recycled. They are limited, unique, unrepeatable hence very vulnerable. Once lost they are lost for ever. Our objective is to promote a **Sustainable Cultural Tourism** which has a very low impact on the environment respecting its authenticity and its originality.

Archeotrekking

It is a new Cultural Tourist formula combining traditional trekking with archaeology, history, mythology and legends of a territory as well as local traditions and at the same time we want to "Educate" the Visitors to recognize and respect the archaeological sites within their natural context.

Thus, *Archeotrekking Sicily*, a new tour guide service that Genesis offers to all those who love archaeology and trekking at the same time.





Genesis gives the Archeotrekker the opportunity to discover the archaeology of **Mount Pellegrino** also known by the locals as the **Sacred Mountain**.

Always guided by an Archaeologist-Tour Guide (fully licensed), the Archeotrekking starts from the **Royal Stables** (left) heading up hill through the **Valley of the Pig** (above) one of the few ancient accesses to the mountain and probably a Sacred Path.

Frequented since prehistory, it might be the **Mount Eirkte** which played a major role during the Punic Wars. As a matter of fact, in **Piano della Grotta** two archaeological campaigns in the 1990s brought to light structures dating from the 4th-3rd century B.C. to the 5th century A.D. with both Punic and Roman pottery. Its function remains unknown, probably linked to a divinity venerated in the nearby Grotto. Besides this, the remains of a fortification wall has also been identified which enclosed the whole area. Nowadays, the holiness of the mountain is mainly due to the presence of the **Grotto of St. Rosalia**, very likely a holy site since prehistory.

Patron Saint of Palermo since 1625, St. Rosalia is celebrated twice a year. On July 14th, the traditional "Festino" with the parade of the "Carro", a ship on wheels pulled along the streets carrying the statue of the Saint, and on Sept. 4th with the traditional "Acchianata", the "up-hill walk" of the faithful to the Sanctuary.

The story of the **Santuzza** is wrapped in legend, historical facts as well as local traditions which all together originated and are part of Her worship.

The way down is along the **Scala Nuova** (New Path) and, where possible, along the Old Path, **Scala Vecchia**, which is the ancient **Medieval path** (below) passing by other archaeological sites, such as the Grotta del Condannato, (back). The aim is to allow the Archeotrekker to discover the little known archaeological sites of Mount Pellegrino, as well as the historical events, the legends and traditions which have given it the appellative of **The Sacred Mountain**.

